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| **CT DMHAS Trauma Treatment Models Survey** |

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**\* 1. Main Agency Information**

Name 

Phone 

Main Address 

\*Please fill out location information if any therapy is offered at main agency\*

**\* 2. Information for person completing survey**

Name 

Phone 

Email 

**Please fill out a section for each location under your agency and what therapy is offered at that location.**

**Location 1 Information**

Name 

Phone 

Main Address 

**\* As of TODAY, which of the following Trauma Specific Treatment Models and/or Curricula is your Agency providing? (Check all that apply.)**

Accelerated Resolution Therapy (ART - Laney Rosenzwieg, LMFT)

Attachment, Self-Regulation and Competency (ARC - Margaret Blaustein, PhD and Kristine Kinniburgh, LICSW)

Beyond Trauma (Stephanie Covington, PhD, LCSW) - Group

Beyond Trauma (Stephanie Covington, PhD, LCSW) - Individual

Exploring Trauma: A Brief Intervention for Men (Stephanie Covington, PhD, LCSW)

Eye Movement Desensitization and Reprocessing (EMDR - Francine Shapiro, PhD) - Individual

Healing Trauma: A Brief Intervention for Women (Stephanie Covington, PhD, LCSW)

Neurofeedback (NFB)

Seeking Safety (Lisa Najavits, PhD) - Individual

Seeking Safety (Lisa Najavits, PhD) - Men only - Group

Seeking Safety (Lisa Najavits, PhD) - Women and Men - Group

Seeking Safety (Lisa Najavits, PhD) - Women only - Group

Trauma Informed Stabilization Therapy (TIST - Janina Fisher, PhD)

Trauma Recovery and Empowerment Model (TREM - Maxine Harris) -  Group

Trauma Recovery and Empowerment Model (TREM - Maxine Harris) -  Individual

Trauma Recovery and Empowerment Model (M-TREM - Community Connections)  - Group

Trauma Recovery and Empowerment Model (M-TREM - Community Connections) -  Individual

None

Other (please specify) 

**\* As of TODAY, which of the following Trauma Informed Curricula (e.g., addiction treatment curricula with trauma components) is your Agency providing? (Check all that apply.)**

A Woman's Way Through the 12 Steps (Stephanie Covington, PhD, LCSW)

Beyond Anger and Violence (Stephanie Covington, PhD, LCSW)

Beyond Violence (Stephanie Covington, PhD, LCSW)

Dialectical Behavior Therapy (Marsha Linehan, PhD) - Individual

Dialectical Behavior Therapy (Marsha Linehan, PhD) - Skills Group

Helping Men Recover (Stephanie Covington, PhD, LCSW) - Group

Helping Men Recover (Stephanie Covington, PhD, LCSW) - Individual

Helping Women Recover (Stephanie Covington, PhD, LCSW) - Group

Helping Women Recover (Stephanie Covington, PhD, LCSW) - Individual

No Trauma Informed Curricula

Other (please specify) 

**\* Do you offer any trauma services for those who are, or self-identify as, Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ)?**

No

Yes

if YES please identify what services 

**Location 2 Information**

Name 

Phone 

Main Address 

**\* As of TODAY, which of the following Trauma Specific Treatment Models and/or Curricula is your Agency providing? (Check all that apply.)**

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Attachment, Self-Regulation and Competency (ARC - Margaret Blaustein, PhD and Kristine Kinniburgh, LICSW)

Beyond Trauma (Stephanie Covington, PhD, LCSW) - Group

Beyond Trauma (Stephanie Covington, PhD, LCSW) - Individual

Exploring Trauma: A Brief Intervention for Men (Stephanie Covington, PhD, LCSW)

Eye Movement Desensitization and Reprocessing (EMDR - Francine Shapiro, PhD) - Individual

Healing Trauma: A Brief Intervention for Women (Stephanie Covington, PhD, LCSW)

Neurofeedback (NFB)

Seeking Safety (Lisa Najavits, PhD) - Individual

Seeking Safety (Lisa Najavits, PhD) - Men only - Group

Seeking Safety (Lisa Najavits, PhD) - Women and Men - Group

Seeking Safety (Lisa Najavits, PhD) - Women only - Group

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Trauma Recovery and Empowerment Model (TREM - Maxine Harris) -  Individual

Trauma Recovery and Empowerment Model (M-TREM - Community Connections)  - Group

Trauma Recovery and Empowerment Model (M-TREM - Community Connections) -  Individual

None

Other (please specify) 

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Beyond Violence (Stephanie Covington, PhD, LCSW)

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Dialectical Behavior Therapy (Marsha Linehan, PhD) - Skills Group

Helping Men Recover (Stephanie Covington, PhD, LCSW) - Group

Helping Men Recover (Stephanie Covington, PhD, LCSW) - Individual

Helping Women Recover (Stephanie Covington, PhD, LCSW) - Group

Helping Women Recover (Stephanie Covington, PhD, LCSW) - Individual

No Trauma Informed Curricula

Other (please specify) 

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Beyond Trauma (Stephanie Covington, PhD, LCSW) - Individual

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Neurofeedback (NFB)

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Trauma Recovery and Empowerment Model (TREM - Maxine Harris) -  Individual

Trauma Recovery and Empowerment Model (M-TREM - Community Connections)  - Group

Trauma Recovery and Empowerment Model (M-TREM - Community Connections) -  Individual

None

Other (please specify) 

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Helping Men Recover (Stephanie Covington, PhD, LCSW) - Individual

Helping Women Recover (Stephanie Covington, PhD, LCSW) - Group

Helping Women Recover (Stephanie Covington, PhD, LCSW) - Individual

No Trauma Informed Curricula

Other (please specify) 

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Trauma Recovery and Empowerment Model (TREM - Maxine Harris) -  Individual

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None

Other (please specify) 

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Helping Men Recover (Stephanie Covington, PhD, LCSW) - Individual

Helping Women Recover (Stephanie Covington, PhD, LCSW) - Group

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Other (please specify) 

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Beyond Trauma (Stephanie Covington, PhD, LCSW) - Individual

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Trauma Recovery and Empowerment Model (M-TREM - Community Connections) -  Individual

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Other (please specify) 

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Helping Men Recover (Stephanie Covington, PhD, LCSW) - Individual

Helping Women Recover (Stephanie Covington, PhD, LCSW) - Group

Helping Women Recover (Stephanie Covington, PhD, LCSW) - Individual

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